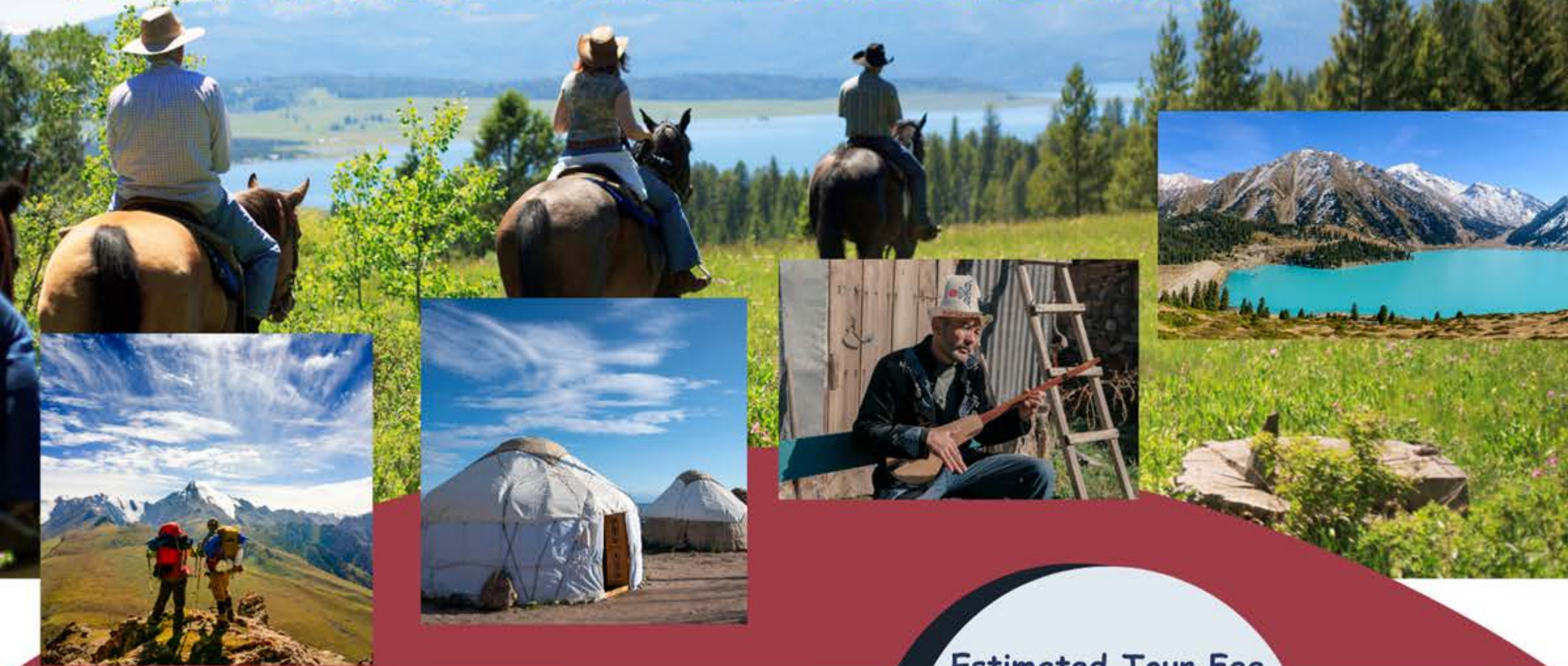


Middle Asia Silk Road Adventure X Backpack : Kyrgyzstan & Kazakhstan

中亞絲路騎行記 X 背遊: 吉爾吉斯及哈薩克



29 May - 7 June 2026
(10 days)

- *Lying on the grass : Conversations About Life*
- *Land Journary Through Scenic Beauty : Tianshan Mountains*
- *Horse Riding Adventure: Issyk-Kul Lake*
- *Visit Nomadic Families: Stay in Yurts, Learn to Make Kumis*
- *Hiking to Glacial Lakes: Big Almaty Lake*
- *Cable Car Experience: Shymbulak*
- *Create Your Own Day Trip*

Extended Application Deadline : 11 February 2026

All students of full-time Sub-degree and Undergraduate programmes are welcome.

Enquiries:

3746-0451 (Ms Mon Ho)
Mon.Ho@cpce-polyu.edu.hk

Estimated Tour Fee

HK\$23,890

Original Tour Fee:
HK\$34,130

WJT
Eligible



FOR DETAILS



International Cultural Experience (ICE) Tour

中亞絲路騎行記 X 背遊 吉爾吉斯及哈薩克

MIDDLE ASIA SILK ROAD ADVENTURE X BACKPACK:
KYRGYZSTAN & KAZAKHSTAN



預計團費

HK\$23,890

原價團費:
HK\$34,130

2026年5月29至6月7日(10天)

- 躺在青青草原：生命對談
- 陸路穿越美景：天山山脈
- 環湖騎馬探險：伊塞克湖
- 探訪遊牧家庭：夜宿氈房，學製馬奶酒
- 徒步高山冰湖：大阿拉木圖湖
- 纜車俯瞰天山：琼布拉克
- 自組一天行程

截止報名日期延至：2026年2月11日

歡迎就讀全日制副學位及學士學位課程同學參加。

查詢:

3746-0451 (Ms Mon Ho)
Mon.Ho@cpce-polyu.edu.hk

CSAO
Eligible

遊學團詳情:



Tour Information (Note: The information listed in the table below is subject to confirmation.)

Name of Activity:	Middle Asia Silk Road Adventure X Backpack: Kyrgyzstan & Kazakhstan 中亞絲路騎行記 x 背遊: 吉爾吉斯及哈薩克
Eligible Students:	All Full-time Students of Sub-degree and Undergraduate Programmes
Organiser:	CPCE Student Affairs Office (CSAO)
Co-organiser:	To be confirmed
Period & Duration:	29 May – 7 June 2026 (Total 10 days) (Subject to Change)
Destination:	Kyrgyzstan & Kazakhstan
Nature of Activity:	Cultural Tour
Objectives:	<p>讓學生離開自身的安舒區，在異國中深度體驗、塑造及發現自我。與遊牧民族同住，學習生活智慧，擴闊眼界，尋索一帶一中亞絲路。</p> <p>這並不是一個純粹的『遊學團』、『交流團』或『自由行』，而是一個能夠讓參加者從挑戰中支取生命成長養份的旅程，讓參加者在異國中經歷一個深度體驗與歷奇，一齊體驗『讀萬卷書不如行萬里路』。</p> <p>這是培養參加者處事及相處技巧的最佳途徑。在『背遊』過程中，參加者成為背遊的主角，走訪當地別具特色的地方，與當地人深入互動；集體去策劃行程，解決途中遭遇的種種困難，過程並非紙上談兵，而是使用每一位同行者的心力、手力、腳力、腦力與汗水，同時每位參加者的心思意念都被牽動，以汗水發酵成生命養份，價值觀被審視，明白情緒背後的訊息，認識真我，最後能懷著新力量再向生命及生活從新出發。</p>
Major Activities:	<ul style="list-style-type: none"> • 專業馬術訓練，沿湖岸探訪遊牧家庭，夜宿氈房，體驗不一樣的生活文化 • 參觀當地地標之一，充滿濃厚蘇聯風格的阿拉圖廣場 • 到訪色彩繽紛的當地傳統市集 • 陸路橫越天山山脈，欣賞壯闊宏偉之美麗大自然景色 • 徒步高山冰湖，觀察冰川退縮 • 乘坐登頂纜車，俯瞰天山全景 • 背遊，深度與人互動及解難 • 聆聽生命故事，自我認識及成長的好機會
Benefit to Participants:	<p>By the end of the study trip, students will be able to:</p> <ul style="list-style-type: none"> • 突破舒適圈 <ul style="list-style-type: none"> ✓ 騎馬探險、住氈房、飲馬奶酒 ✓ 市集生存挑戰 • 跨文化學習 <ul style="list-style-type: none"> ✓ 與遊牧民族同住學習生活智慧 ✓ 破解蘇聯地鐵壁畫歷史密碼 • 自主管理 <ul style="list-style-type: none"> ✓ 自理跨境交通文件 ✓ 預算控制實戰 • 擴闊眼界 <ul style="list-style-type: none"> ✓ 無光害星空攝影 ✓ 探索絲路市集
Estimated Cost per Participant (HK\$) ^[1] and Amount of Sponsorship ^[2]:	<p>HK\$23,890[#] (Original Tour fee: HK\$34,130)[#] (The tour fee covers airfare, accommodation, partial meals, partial transportation, and travel insurance.)</p> <p>Participants need to settle the full payment (i.e. original tour fee) before the tour.</p>

	<p>參加者出發前需繳付全數團費。</p> <p>Amount of Sponsorship (Not applicable to Nominees / Recipients of the Reaching Out Award (ROA))</p> <p>➤ PolyU CPCE Sponsorship: Up to 30% of the net tour cost (after deducting any subsidies received from the government and/or external parties, if applicable), subject to a maximum amount of HK\$10,240#.</p> <p>Note: # Subject to change</p>
Conditions for Sponsorship	<p>Awardees are required to pay the full cost first upon signing the acceptance letter. They must fulfil the following conditions to be eligible for the sponsorship from PolyU CPCE:</p> <ul style="list-style-type: none"> a) Attend all briefing sessions/ workshops before the tour; AND b) Follow the instructions of escorts/teachers, observe all rules and regulations (including punctuality) throughout the trip, and complete the tour satisfactorily with good performance during the trip; AND c) Submit of a self-reflection report (including photos) within 2 weeks after returning to Hong Kong, attend a sharing session and complete any additional tasks assigned by the Tour Organisers; <p>All awardees have the obligation to provide support for future promotion of ICE Tours whenever necessary.</p>
Enquiries	Ms Mon Ho (Tel.: 3746-0451, Email: mon.ho@cpce-polyu.edu.hk)

^[1] A contingency cost is included to cover unexpected charges. The unused amount will be refunded after the tour. If the tour fee paid cannot cover the actual costs, the outstanding amount will be deducted from the sponsorship.

^[2] This sponsorship amount is **NOT applicable to** students who **have received** the “Reaching Out Award (ROA) under the Self-financing Post-secondary Scholarship Scheme” for joining the tour.

Tentative Itinerary (Note: The itinerary as shown below is for reference only and is subject to confirmation.)

Day	AM / PM	Description of Activity
1	29/5/2026	第 1 天 香港 → 阿拉木圖 (哈薩克) ▶ 夜機出發，清晨抵達 ▶ 直接轉機至比什凱克 (吉爾吉斯)
2	30 - 31/5/2026	第 2-3 天 伊塞克湖騎馬探險 ▶ 環湖騎行： - 專業馬術訓練，沿湖岸探訪遊牧家庭 - 夜宿氈房，學習製作傳統馬奶酒「Kumis」
3	1/6/2026	第 4 天 比什凱克文化日 ▶ 阿拉圖廣場：蘇聯建築與獨立歷史解讀
4	2/6/2026	第 5 天 跨境哈薩克 (阿拉木圖) ▶ 陸路穿越天山山脈 (風景絕美)
5	3 - 4/6/2026	第 6-7 天 阿拉木圖自然奇觀 ▶ 大阿拉木圖湖：徒步高山冰湖，觀察冰川退縮 ▶ 琼布拉克：纜車登頂，俯瞰天山全景
6	5/6/2026	第 8 天 絲路市集與現代反差 ▶ 綠巴扎傳統市集 (Green Bazaar) ▶ 升天主教座堂：木製建築與蘇聯歷史交織
7	6/6/2026	第 9 天 ONE LIEF ! LIVE IT ! ▶ 小組自組一天行程 ▶ 給自己的信 ▶ 購買手信 ▶ 大組分享及總結旅程的經歷及收獲
8	7/6/2026	第 10 天 阿拉木圖 → 香港 ▶ 飛機返港